This Week at MRMC

Monday	6:00 pm	Pickleball
Tuesday	9:30 am	Forever in Motion
	1:30 pm	Pickleball
	5:30 pm	Worship Meeting
		Governing Board Meeting
Wednesday	6:00 pm	Pickleball
	6:30 pm	Education Meeting
	7-8 pm	AA Meeting (Hosts: Wilf and Cheryl)
	7:30 pm	Choir
Thursday	9:30 am	Staying on Your Feet
	10:30 am	Boomers+
	1:30 pm	Pickleball
Friday	9:00 am	Westmount Muffin Baking
Saturday	7:00 am -	- 2:00 pm MRMC at Friendship Inn
	8-8 pm	Gym Rental
	1-7 pm	JRAM using the basement
	3-7 pm	JRAM in Sanctuary
Sunday	10:00 am	Sunday Worship Service
	1-4 pm	JRAM in Sanctuary
	3-8 pm	Gym Rental

Prayers

Inspire your people with your love we pray, that we would have compassion on those who are afraid, who feel inadequate for life or the demands which are placed upon them. Open our eyes to those with whom we live and work to see where is need for us to reach out with your loving touch. Amen.

Today's Service

Worship Leader: Trevor S Song Leader: Grace P Pianist: Val R Powerpoint: Darrell B Sound: Travis W

Video: Gord/ Ryan S

Welcome to Mount Royal Mennonite Church

Learning to live - through relationships with Jesus, our neighbours and each other

Worship Service 10:00 am

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	Healthy Church	
Prelude		
Land Acknowledge	ment	
Announcements		
Silence GATHERING		
Call to Worship		
Gathering songs	Christ is our Cornerstone	VT #4
	As Long As Jesus' Reign Goes On	VT # 64
	Be Still and Know	VT #37
Psalm 139: 1-18		Shelley B
Offering prayer		
HEARING		
Story for all Ages		Shelley B
We sing Scripture	The Wiseman Built His House Luke 6: 46-49	
Sermon	Healthy Church- Strong Foundation	Don F
	·	
SHARING		
Hymn of Response	How Firm a Foundation	VT #592
Peace Lamp		
Sharing our joys and Sharing our prayers	d concerns	
SENDING		
Sending Song	As You Go Out From Here	VT \$841

Blessing

Postlude

Joys & Concerns

- Present Concerns: Elsie K. E, Eric and Doris Q
- Continued Prayer Support: Maureen G, Anne K, Marg W, Evelyn S
- Families of the week: Ken, Amber, Isabella and Abigail E, Al R, Marg W
- We give thanks for last week's offering of \$5,177, given freely as we learn to live through relationships with Jesus, our neighbours and each other.

MRMC Notes and Events

- a) We are looking for volunteers to help with youth events. If you care about youth and could spend an evening or two with a group of them at their activity, please contact Evan Bueckert.
- b) **Saturday January 20th MRMC is once again serving at the Friendship Inn.** The day begins at 7:00am with preparation for breakfast and usually finishes by 2pm with lunch clean up. We will be prepping and serving breakfast and lunch along with duties as assigned. If you are interested in serving our community, please reach out to Cheryl (wcfunk1@sasktel.net) or Wilf at 306-203-3542.

Conference and Community Events

- 1) **Jan 11- March 28: Staying on your Feet:** Learn ways to help improve your balance and reduce your risk of falling? Thursdays, Jan 11-March 28 from 9:30- 10:30 am. Poster and sign-up sheet on the bulletin board by Don's office.
- 2) **RJC Open House** | **January 19, 2024** Prospective students & families are invited to RJC's annual Open House & "Friday Night Live" student variety show. Dinner will be served at 5:30pm, with a school tour at 6:00pm, followed by Friday Night Live at 7:00pm. Interested students and families are invited to pre-register at rjc.sk.ca/openhouse. Open to students in Grade 7-11.
- 3) On January 26-28, Eigenheim and Rosthern Mennonite Churches are a hosting study weekend on the topic of "How Should Christians Interpret the Bible's Warfare and Genocide Passages?" presented by Dr. Dan Epp-Tiessen, associate professor of Old Testament at Canadian Mennonite University. Session descriptions are available at https://mcsask.ca/event/11607 Everyone is welcome to join us, for any number of the sessions!

- 4) Shekinah is hosting a Wellness Weekend from January 27-29, 2024! Pre-registration is required. Guided activities, both indoors and outdoors, such as social gatherings, interpretive walks, fitness and yoga sessions, and evening campfires, await you. With the arrival of snow, the excitement of tubing adds an extra touch of adventure. This weekend experience is meant to nourish your mind, body, and soul by providing opportunities to immerse yourself in nature, enjoy good company, engage in physical activity and savor nutritious meals. Everything is a choice, and you can choose to relax or embark on adventures at your own pace.
- 5) **RJC Tournament of Memories: Basketball & Curling** | **February 2 & 3, 2024** Join the fun at RJC's Alumni & Friends basketball and curling tournament. Come and play or watch the face-paced action in the RJC Gymnasium or at the Rosthern Curling Club (Jubilee Sports Centre). Cost to play is \$25/person, and lunch will be available for purchase in the RJC Dining Hall on Saturday (\$15/person, 10 & under free). To pre-register please visit rjc.sk.ca/tom. We hope to see you there!
- 6) Save the Date! March 8 & 9: The MC Sask Annual Delegate Sessions will be at North Star Mennonite Church in Drake, SK. We will be exploring the theme of Rekindling Relationship. Details available soon!
- 7) The 2023 MC Sask and MC Canada annual reports are available at https://mcsask.ca/resources/congregational resources