

<u>This Week at MRMC</u>		
Monday	6:00 pm	Pickleball
Tuesday	9:30 am	Forever in Motion
	1:30 pm	Pickleball
Wednesday	6:00 pm	Pickleball
	6-8 pm	AA Meeting (Hosts: Ray and Rita)
	7:30 pm	Choir
Thursday	9:30 am	Staying on Your Feet
	10:30 am	Boomers+
	1:30 pm	Pickleball
Saturday	3-7 pm	JRAM in Sanctuary
Sunday	10:00 am	Sunday Worship Service (RJC Singers) followed by potluck
	1-4 pm	JRAM in Sanctuary

Prayers

In partnership with Witness workers, Tom and Christine Poovong and the Friends of Grace church network in Thailand, Nancy Epp, Rosthern, is spending 6 weeks helping church leaders set up English teaching centres for community outreach and income generation. Pray for Nancy and the Poovongs as they embark on this new opportunity for outreach.

Today's Service

Worship Leader: Joel S
 Song Leader: Rita H
 Pianist: Marlies P
 Powerpoint: RaeLynn H
 Sound: Travis W
 Video: Gord/ Ryan S

Welcome to Mount Royal Mennonite Church

Learning to live - through relationships with Jesus,
 our neighbours and each other

Worship Service 10:00 am

Vol. 61

January 21, 2024

No. 03

Healthy Church

Prelude
 Land Acknowledgement
 Announcements
 Silence

GATHERING

Choir	Be Still and Know	
Call to Worship		
Gathering songs	<i>Come Christians Join to Sing</i>	VT #28
	<i>Praise Him, Praise Him</i>	VT #100
Psalm 27		Gwen L
Offering prayer		
Choir	Let Us Build a House	

HEARING

Story for all Ages		Sarah P
We sing	<i>Light Dawns on a Weary World</i>	VT #205
Scripture	Acts 1: 3-11	
Sermon	Healthy Church- Clear Vision	Evan B

SHARING

Hymn of Response	<i>Be Thou my Vision (v1,2,5)</i>	VT #549
Peace Lamp		
Sharing our joys and concerns		
Sharing our prayers		

SENDING

Sending Song	<i>May the Face of God Shine on You</i>	VT #844
Blessing		
Postlude		

Joys & Concerns

- **Present Concerns:** *Eric and Doris Q, Elsie K. E, Ken, Amber and Abigail E, Bill and Sandra S, Niall S, Nola S*
- **Continued Prayer Support:** *Anne K, Marg W, Evelyn S, Maureen G*
- **Families of the week:** *Elaine H, Elmer and Agnes R, Hank and Marlies P*
- We give thanks for last week's offering of \$1,675, given freely as we learn to live through relationships with Jesus, our neighbours and each other.
- Amber E and her family (Ken and Abigail) experienced a fire in their home this past week. Everyone made it out safely and they are staying with her sister Nola. The family has lost most of their belongings. To help them with immediate financial needs the church would like to collect a cash "care gift." A collection box will be outside Gwen's office on Sunday January 21, 2024. Please pray for Amber and her family.

MRMC Notes and Events

- a) **January 28:** We are excited that the RJC Singers will be bringing the worship service to MRMC. It will be followed by a potluck lunch. There is a large group coming, so please bring enough food for yourself PLUS for 5 hungry teenagers. Please bring a main dish and a salad or dessert.
- b) **Feb 15 at 7:00 pm:** Congregational Budget Meeting. Details to follow.
- c) **We are looking for volunteers to help with youth events.** If you care about youth and could spend an evening or two with a group of them at their activity, please contact Evan Bueckert.

Conference and Community Events

- 1) **Jan 26-28, Eigenheim and Rosthern Mennonite Churches are a hosting study weekend on the topic of "How Should Christians Interpret the Bible's Warfare and Genocide Passages?"** presented by Dr. Dan Epp-Tiessen, associate professor of Old Testament at Canadian Mennonite University. Session descriptions are available at <https://mcsask.ca/event/11607> Everyone is welcome to join us, for any number of the sessions!
- 2) **Jan 26-28- Shekinah is hosting a Wellness Weekend!** Pre-registration is required. Guided activities, both indoors and outdoors, such as social gatherings, interpretive walks, fitness and

yoga sessions, and evening campfires, await you. With the arrival of snow, the excitement of tubing adds an extra touch of adventure. This weekend experience is meant to nourish your mind, body, and soul by providing opportunities to immerse yourself in nature, enjoy good company, engage in physical activity and savor nutritious meals. Everything is a choice, and you can choose to relax or embark on adventures at your own pace.

- 3) **Jan 27, 10:00 am YFBC Cinnamon Bun Fundraiser.** Join us for coffee, cinnamon buns and intern updates! Hear about their journey to Spain and their experience on the Camino de Santiago. Learn more about their upcoming missions trip to Nicaragua. Enjoy some good fellowship! Entry is by donation and all proceeds will go to support the interns in Nicaragua!
- 4) **Feb 2 & 3: RJC Tournament of Memories: Basketball & Curling:** Join the fun at RJC's Alumni & Friends basketball and curling tournament. Come and play or watch the face-paced action in the RJC Gymnasium or at the Rosthern Curling Club (Jubilee Sports Centre). Cost to play is \$25/person, and lunch will be available for purchase in the RJC Dining Hall on Saturday (\$15/person, 10 & under free). To pre-register please visit rjc.sk.ca/tom. We hope to see you there!
- 5) **March 8 & 9: The MC Sask Annual Delegate Sessions** will be at North Star Mennonite Church in Drake, SK. We will be exploring the theme of Rekindling Relationship. Details available soon!