

<u>This Week at MRMC</u>		
Monday	7:00 pm	Bridal Shower for Sarah
Tuesday	9:30 am	Forever in Motion
Wednesday	7:30 pm	Missions and Service
	7-8 pm	AA Meeting in Gym (Host: Bryan)
Saturday	6-8 am	JRAM in Sanctuary
	3-7 pm	JRAM in Sanctuary
Sunday	9:30 am	Sunday Worship Service

### Thought of the Week

"We are being invited to awaken to our true nature as spirit beings, energy sharers, and prophets of potential. The joy spoken of in Holy Scripture is accessible, but also has a certain "beyondness" to it. The world didn't give it and the world can't take it away. As we hear from Jesus in John 16:22: "So you have pain now; but I will see you again and your hearts will rejoice, and no one will take your joy from you."  
~ Barabara A. Holmes

### Office Hours

Garth and Claire	Tues-Thurs	8:30 am – 3 pm
	Fri	8:30 am – 12:30 pm
Zach	Mon	10 am – 2pm
	Wed	10 am – 2 pm
Gwen	Mon - Fri	8 am-12:00 pm

**Electronic Donations** can now be made directly from the church website. The process is similar to making an online purchase with a credit card. See [Electronic Giving](#) on the Giving page of the MRMC website for more details and the Donation buttons. This giving option supports giving by credit card; debit card processing is not yet available. Processing fees are slightly less than the processing fees for Tithe.ly. Note that the emailed receipt that you receive is your transaction confirmation and not your receipt for income tax purposes. Check with **Len A** or the **church office** if you have questions.

### Today's Service

Worship Leader: Garth E F  
Song Leader: Grace P  
Pianist: Monica D  
Powerpoint: Darrell B  
Video:

## Welcome to Mount Royal Mennonite Church

Learning to live - through relationships with Jesus,  
our neighbours and each other

Worship Service 9:30 am

**Vol. 58**

**August 8, 2021**

**No. 32**

Prelude  
Announcements  
Silence

### Faith Goes to the Movies

### Gathering

Call to Worship  
Gathering Prayer  
Gathering Song *You are Exalted* VT #86  
Offering

### Listening

Story for all Ages Monica D  
We Sing *I Saw A Tree By the Riverside* VT #514  
Scripture **Psalm 139: 1-6, 13-18** Erna W  
Sermon **'Inside Out'** Claire E F  
Hymn of Response *Quietly, Peacefully* VT #533

### Sharing

Peace Lamp  
Sharing our stories  
Sharing our prayers

Sending Song *You Are All We Have* VT #701  
Blessing

**Go now in peace to love and serve the Lord.  
THANKS BE TO GOD! Amen**

Postlude

### MRMC Youth/ MR Yahm

- This past Wednesday, the Cycling Club met for some cycling and games down by the river.

### Joys & Concerns

- **Pray for:** *Hedie B, Maureen G, Elsie S, Eric and Doris Q, Betty U, Nettie and Roy W, Willard and Kathy W, Anne E, Marg W, Alex and Joel S, Agatha W*
- **Families of the week:** *Jake B, Evelyn S, Agatha W*
- We are thankful for last week's offering of \$3,101 given in support of our ministry here and around the world.

### MRMC Coming Events and Notes

- If you would like to join the MRMC Golf group, please contact Ron or Heather.
- We are currently working on updating the MRMC pictorial directory. If you would like your picture in the directory, please send in a picture to Gwen at the church office or drop off a picture to her. In the last directory we also listed people's birthdate, anniversary date and occupation. We would also like to update this info. This directory is for all who feel they are a part of MRMC. If you have the previous pictorial directory binder the updated information will replace the information in that directory. Any questions please contact Melody.
- **Monday, August 9, 2021:** Everyone is invited to a **Bridal Shower for Sarah Olfert** at 7 p.m. at MRMC. Sarah is marrying Clint Penner on August 28. Please join us in celebrating with Sarah. If you can't make it to the shower, there will be a card and gift box in front of the office on Sunday August 8. Questions? Call Verna Olfert (or Claire, or Gwen, or Grace P. or Val)
- Earlier this June, Saskatoon Public School Foundation packed Cheer Crates in our multi purpose room. They are now inviting us to donate new reusable water bottles to distribute among Saskatoon students and staff. Please leave your donation at the church and we will get them to the organizers. Thanks.

### Conference and Community Events

- a) **Sunday Aug 22: "Under the Arbour":** an afternoon of Cree & Mennonites sharing music, dance, and a meal. **Muskeg Lake Cree Nation**, 3pm. Organized by "Walking the Path" committee. Watch for details!
- b) **Tuesday Aug 24: Gathering at Stoney Knoll**, NW of Laird. An invitation from the Stoney Knoll Band to the Mennonite & Lutheran communities to come and meet each other, and reaffirm relationships around the Reserve 107 story. Watch for details!
- c) **September 18: Save the Date: Shekinah Move-A-Thon.** Follow us on: **Facebook** @Shekinah Summer Camp, **Instagram** @Shekinah\_Camps, and our website [www.shekinah.ca](http://www.shekinah.ca) for more fun and exciting information to come!
- d) **Oct. 15-16/2021: MC Sask Songfest of Thanks Rosthern Mennonite Church.** We continue to plan in hope and faith that we will be able to come together to give thanks and sing this fall, and are excited to announce **Duff Warkentin** as our Songfest Conductor and **Glenn Sawatzky** as Accompanist. All Covid-19 regulations will be followed. Stay tuned to [www.mcsask.ca](http://www.mcsask.ca) for registration and further information in the fall. Contact Kirsten Hamm-Epp, [youthminister@mcsask.ca](mailto:youthminister@mcsask.ca), with any questions.
- e) **Are you looking for a fun, fast-paced work environment?** Shekinah Retreat Centre might be the place for you! We are looking for a Casual Cook to work in our Timber Lodge kitchen up to 40 hours per week (mostly weekend work). Duties would include dealing with customers to help create nourishing menu plans, shopping for groceries and organizing kitchen help (servers, dishwashers) for each event. Computer literacy is required. Start date: September 2021. Send your resume to: [director@shekinah.ca](mailto:director@shekinah.ca)

## You Are Exalted VT 86

Text: Twila Paris (USA) alt.

Music: Twila Paris, vocal harm. Mennonite Worship and Song Committee, 2020

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You are exalted, forever exalted on high.

I will praise you.

You are exalted, forever exalted,

and I will praise your name!

You are my God –

forever your truth shall reign.

Heaven and earth

rejoice in your holy name.

You are exalted,

forever exalted on high!

## I Saw a Tree by the Riverside VT 514

Text: Ken Medema (USA)

Music: Ken Medema ©1976 World Music LLC

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1. I saw a tree by a riverside

one day as I walked along,

straight as an arrow and pointing to the sky,

growing tall and strong.

“How do you grow so tall and strong?”

I said to the riverside tree.

This is the song that my tree friend sang to me.

Refrain

“I've got roots growing down to the water,

I've got leaves growing up to the sunshine,

and the fruit that I bear is a sign of life in me.

I am shade from the hot summer sundown,

I am nest for the birds of the heaven.

I'm becoming what the Lord of trees has meant me to be -

a strong young tree.”

2. I saw a tree in the wintertime

when snow lay on the ground,

straight as an arrow and pointing to the sky;

and winter winds blew all around.

“How do you stay so tall and strong?”

I said to the wintertime tree.

This is the song that my tree friend sang to me.

Refrain

“I've got roots growing down to the water,

I've got leaves growing up to the sunshine,

and the fruit that I bear is a sign of life in me.

I am shade from the hot summer sundown,

I am nest for the birds of the heaven.

I'm becoming what the Lord of trees has meant me to be -

a strong young tree.”

3. I saw a tree in the city streets

where buildings block the sun;

green and lovely I could see

It gave joy to everyone

“How do you grow in the city streets?”

I said to the downtown tree

This is the song that my tree friend sang to me.

Refrain

“I've got roots growing down to the water,

I've got leaves growing up to the sunshine,

and the fruit that I bear is a sign of life in me.

I am shade from the hot summer sundown,

I am nest for the birds of the heaven.

I'm becoming what the Lord of trees has meant me to be -

a strong young tree.”

## Quietly, Peacefully VT 533

Text: Lori True (USA)

Music: Antonin Dvorák (present-day Czech Republic/(USA), 1893; adapt. Lori True © 2007 GIA Publications, Inc.

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Refrain

Quietly, peacefully let me rest in you.

Quietly, peacefully lead me back to you.

1. Loving wisdom, you alone, know all I can be.

You, the hope my spirit seeks, come and set me free.

Refrain

Quietly, peacefully let me rest in you.

Quietly, peacefully lead me back to you.

2. In the night I call to you; can you hear my cry?

Sad and fearful, still I plead: do not pass me by.

Refrain

Quietly, peacefully let me rest in you.

Quietly, peacefully lead me back to you.

3. Healing grace, take my pain, guard me night and day.

Shower me with your love, wash my tears away.

Refrain

Quietly, peacefully let me rest in you.

Quietly, peacefully lead me back to you.

4. Breathe your law deep in me, plant it in my soul.

Let your justice be my song, kindness be my goal.

Refrain

Quietly, peacefully let me rest in you.

Quietly, peacefully lead me back to you.

## You Are All We Have VT 701

Text: based on Psalm 16; Francis Patrick O'Brien (USA), alt.

Music: Francis Patrick O'Brien © 1992 GIA Publications, Inc.

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You are all we have. You give us what we need.

Our lives are in your hands, O God,

Our lives are in your hands.